

**Wales Health Student Forum**  
**'Health for Healthcare'**  
**Friday 27<sup>th</sup> June 2014, 10:30 - 16:30**  
**SWALEC Stadium**

**Present**

Kalah Banneel	Jonathan Cliffe	Megan Powell
Kaylie Behan	Sharon Jenkins	Clarissa Purdy
Yinnoula Bradbury-Poulakis	Nia Jones	Jade Silver
Zohaid Choudhury	Samantha Jones	Michael Taylor
Lucy Cowdery	Shabana Kauser	Zoe Thomas
Jake Erwin	Jimmy Lau	Daniel Tully
Sophie Finn	Judith McDonough	Tracy Whyte
Linsey Haggett	Cathy Morgan	Chrissy Williams
Sandy Harding	Dawn Morgan	Elizabeth Wonders
Claire Harries	Laura Morris	Jessica Worth
Steph Howe	Timothy Nagle	Colin Gibson
	Joe Polson	Robert Matthews

**Apologies**

Phillip Adams	Ryan Milner
Anneka Bell	Jemma Pendlebury
Charlotte Beauchamp	Lois Randall
Steve Catherall	Daniel Thrift
Gareth Evans	David Tippett
Rebecca Freeman	Christopher Vernon
Beth Harries	Rebecca Westbury
Linda Holmes	Daniel Wilkinson
Kimberly Hawkins	Isabelle Williams
Shahad Latif	Simon Carley-Smith
Catherine Latto	

**1. Welcome & Introductions:** In Simon Carley-Smith absence Claire Harries (CH) chaired the meeting. CH welcomed colleagues and invited introductions; apologies were noted as above. Sandy Harding (SH) talked about the role of WEDS and welcomed Liam O'Keeffe and Shabana Kauser as new members of the Forum.

**2. Minutes of the Previous Meeting:** The minutes from the meeting held on the 7<sup>th</sup> March 2014 were circulated prior to the meeting for comment. The minutes were accepted as an accurate record of the meeting.

**3. Action Points:** The action points were reviewed and noted. The group discussed the points raised at the previous meeting and feedback was given on the following:

- **NAEP Conference:** CH, Stephanie Howe (SHo) and Gareth Evans (GE) attended the conference and were also offered four places to become committee members. CH, SHo and GE reported that it was not directed towards students.

- **DSA Task & Finish Group:** S H confirmed that the groups had been setup and the first meetings had been held.
- **Chair's Aims:** As newly elected Chair, C H confirmed she wished to continue the health for healthcare mantra during her tenure, as adopted by Simon Carley-Smith. A UoSW walking group had been setup and it is hoped that this can be spread nationally to include other Universities. Timetable constraints were highlighted as potential an issue.
- **New Representatives:** Dentistry and medical students had been encouraged to join the Forum.
- **Leadership Challenges:** The group was asked if they would like to take part in a team building exercise. It was agreed that anyone interested in taking part should contact SH. **AP: Group**
- **Swansea PTP Facilitation Tutor:** SH advised the group that four people had been appointed and there was one position vacant.
- **Social Media:** CH confirmed that the Forum would be working to raise its social media presence

**4. Increase in Welsh Medium Medical Training:** Heledd Fflur Lago (HFL) and Zoe Morris-Willaims (ZMW) gave a presentation on bilingual education in Wales

The Welsh Government is looking to increase bilingual materials and increase the retention of postgraduate studies. The aim is to have 40 credits taught in Welsh by 2015/16.

ZMW informed the group that patients revert to their mother tongue during stressful and vulnerable times and need to be made aware of their language options.

It was noted that it may be difficult to attend Welsh lessons as it may clash with lecturers.

**5. 'Your Say':** Some of the group felt that there are times when there are too many students on a particular placement. Groups of 4-5 are common and even a group of nine has been reported, making it difficult to hear all that is being said. An issue with competency sign-offs was highlighted; however, SH confirmed that this was not an issue as students have 3 years to get them signed. Some students highlighted that they wanted sessions on genetics. CH stated that it is not always the norm to be able to have all generic competencies signed off. However, other forum members confirmed that a separate study day is set to allow for certain competencies that would otherwise not be seen in clinical placement. SHo commented that her course is designed around hub and spoke placements and students can influence these. It was agreed that SH would write to the Health Boards and Universities with regards to barriers with placements. **AP: SH**

CH commented that some spoke placements are set to a minimum of two per year, although this can consist of a one day placement away from the hub. SH confirmed she would see clarification on hub/spoke placements. **AP: SH**

Dawn Morgan (DM) noted that there are no student led placements in Glyndwr, whereas Joe Polson (JP) stated that all placements were organised by students. Tracy Whyte (TW) commented that there was a lack of sign-off mentors making it difficult for students to meet with sign-off mentor.

**6. Alcohol Brief Interventions:** Craig Jones introduced the 'Have a Word' initiative. He said that drinking is subjective and what is safe and sensible drinking for one person is not for another. Communication is said to be important for healthcare staff to deliver interventions. People are briefed about their own positive strengths and are allowed to reflect on their progress in a series of summaries. It was explained that people are not discharged as such and that the door is always open in case of relapses. The ABI is targeted to bring back people from the hazardous drinkers' zone to safer drinkers.

Rapport is important to an individual's success as they require guidance. There is also a 2 hour training course recognised by Coleg Cymraeg, which counts towards a unit of health and social care courses. It was agreed that a separate day for ABI training would be organised. **AP: SJ**

**7. NHS Wales Careers:** Clem Price (CP) delivered a talk on the innovative actions that NHS Wales is taking to ensure high levels of employability in the future. A partnership with NHS Wales and NHS Careers has been setup to attract people to explore careers. Apprenticeships will go on offer in the future for certain careers which do not require degree-level tuition. Engagement with schools and colleges is key to highlighting the range of careers available. CP asked Forum members to look at the NHS Wales Careers web pages and give feedback on the site. CP also asked for volunteers to attend the Skills Cymru events in October to promote NHS Careers. **AP: Group**

**8. Trusted To Care:** Stephen Griffiths (SG) highlighted the Andrew's report. The report made 18 recommendations and offers wider learning for NHS Wales.

Students are advised that when issues of Standards of Care arise they should be comfortable in the fact that there will be no repercussions for them. SHo commented that some registered staff partake in contradicting practices when signing for medications. These smaller problems may become bigger issues. SG suggested that if students have concerns they should raise them with their mentor. The general consensus amongst the Forum is that raising concerns is an issue and suggested that it is not done.

**9. NHS Wales Bursaries:** Martin Riley had sent apologies.

**10. Champions for Health:** Stuart Silcox (SS) talked about the continuing good work of the Champions for Health campaign. He raised the importance of staff making improvements to their lifestyles to aid longevity to their careers. SS highlighted an advocacy method for staff which can be provided to pass on good

practice to the public. There is also scope in the future to look into subsidised gym memberships for the NHS workforce to improve health.

#### **11. Any Other Business**

- **Long Day Shifts:** SG queried if students worked 12 hour shifts during their placements. The Forum provided feedback that this allowed for continuity purposes in order for them to take part in handovers and see patients being admitted. The Forum agreed that long shifts are good for practice.
- **Conference:** It was put to the Forum that the idea for the conference in October 2015 would be 'Do You Know Your NHS?'; with the idea that students will be briefed on what other members of the MDT do, therefore enhancing care.
- **Awards:** WHSF had entered the Times Higher Education for Outstanding Support for Students. Reps were encouraged to look out for other awards in which the WHSF could enter.
- **SQA:** Interested Forum members were asked to put their names forward for the SQA meeting on September 19<sup>th</sup> 2014. **AP: Group**
- **Accommodation:** It was agreed that accommodation would be provided for members forum that have to travel further afield.
- **New Roles:** Samantha Jones is the new Welsh Online Communications Officer. It was also noted that Jess Worth would be the Senior University Rep for Cardiff University and Jonathan Cliffe would assume the role for Bangor University.

**12. Date of Next Meeting:** The next meeting will be held on Friday 10<sup>th</sup> October 2014. The venue and times are to be confirmed.

**13. Close:** CH thanked members for attending and closed the meeting.

**Wales Health Student Forum – 27<sup>th</sup> June 2014**

<b>Agenda Item</b>	<b>Action Point</b>	<b>To Be Actioned By:</b>
<b>3</b>	3.1 Send SH your name if interested in taking part in team building exercise.	Group
<b>5</b>	5.1 Contact the HBs and Universities with regards to the barriers with placements. 5.2 Contact the Universities for to seek clarification around hub/spoke placements.	SH SH
<b>6</b>	6.1 Organise a separate day for ABI training.	SJ
<b>7</b>	7.1 Give feedback to Clem Price on the NHS Wales Careers website. 7.2 If interested in volunteering for the Skills Cymru events contact Clem Price.	Group Group
<b>11</b>	11.1 If interested in attending the SQA meeting in Liverpool on 19 <sup>th</sup> August 2014 contact SJ.	Group.